



Improving Growth of VLBW Babies on Exclusive Human Milk Diet

Internet Live Activity

Date: 4/1/2020

Location: Live Webinar

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Kassandra S Greci, DNP, APRN, WHNP-BC Disclosure(s) - I/we have no financial relationships to report.

Commercial Support:

This educational activity is supported, in part, by an educational grant from Prolacta Bioscience.

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Gap or Purpose:

Exclusive Human Milk Diet (EHMD) is the safest way to feed Very Low Birth Weight (VLBW) babies but there

have been concerns that growth is suboptimal on EHMD. This presentation will discuss strategies for improving growth of VLBW babies on EHMD and the improved short and long term outcomes associated with EHMD.

Objectives: At the conclusion of this activity, the participant will be able to:

ACCME Objectives

1. Discuss variables that contribute to improving growth on an exclusive human milk diet including early fortification of enteral feedings.
2. List the short term and potential long term benefits of human milk diet on improving health outcomes.

CME – ACGME/ABMS Competencies – patient care or procedural skills

ANCC Learning Outcomes

1. Discuss variables that contribute to improving growth on an exclusive human milk diet including early fortification of enteral feedings.
2. Understand the short term and potential long-term benefits of human milk diet on improving health outcomes.

ANCC – IOM Competencies

1. Employ evidence-based practice

Evaluation, Attendance and Credit:

Within <https://mednax.cloud-cme.com>, click My CE and then select Evaluations and Certificates. Follow the instructions to record attendance/time spent and complete the brief evaluation. You will have the option to email the certificate of attendance to your mailbox.